MYELOMA CANADA
MAKING MYELOMA MATTER

PART 1

Multiple Myeloma Treatment Decision-Making Guide

For patients who are newly diagnosed or have experienced a relapse

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You are an active partner in your treatment plan.
In order to make the decisions that are right for you, there is a tremendous amount you need to know and process.

This Decision-Making Guide will help you map out your thoughts, emotions and information needs, to help you understand the things that are **important to you** in order to make a decision that you're comfortable with.

PART 2

My treatment options

My options	Benefits/Advantages	Risks/Disadvantages

Which benefits/advantages matter most to you? _____

Which risks/disadvantages matter most to you? _____

Who else is involved in this decision? _____

How will this decision affect them? _____

Are there other things you feel you need to consider in making a decision? _____

_____

Is there anything that makes you unsure of making a decision? _____

_____

PART 3

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In order to make my decision, I would like to:

☐ Understand how each treatment option can affect my day-to-day life

☐ Talk to someone about what other people have experienced on this treatment

☐ Understand what I may need to do to adjust to treatment

☐ Understand what to watch for while I'm on treatment

☐ Find out about support I may need for my different treatment options (e.g., transport, child care, insurance coverage)

☐ Ask my hematologist additional questions

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My preferred option and why: _____

_____

_____

I would like to know more about:

☐ How long will I be on this treatment? _____

☐ Does this treatment choice affect future options? If so, how? _____

_____

_____

☐ What are my future treatment options after this? _____

_____

_____

☐ Other: _____

_____

_____

My second choice and why: _____

_____

_____

I would like to know more about:

☐ How long will I be on this treatment ? _____

☐ Does this treatment choice affect future options? If so, how? _____

_____

_____

☐ What are my future treatment options after this? _____

_____

_____

☐ Other: _____

_____

_____

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